

Three Bean Marinade

Serves: 4

Prep Time: 30 min

Cook Time: 30 min

Difficulty: 

Ingredients

- 1 cup fresh green beans
- 1 cup fresh yellow beans
- 8 oz. can red kidney beans
- 1 med. sweet onion, roughly chopped
- $\frac{3}{4}$ cup red wine vinegar or balsamic dressing

Directions

1. Wash and de-stem green and yellow beans. Boil or steam until tender. Drain.
2. In your VacuWare FreshContainer,[™] combine all ingredients.
3. PowerMarinate[™] in your FreshContainer[™] for 15 minutes or more.
4. Seal & chill until ready to serve.

